



## 1. MY DIABETES MEDICATION CHECK-UP

### PATIENT TO COMPLETE THIS PAGE

Name

Address

Postal code  Phone

Health Insurer

Family Doctor/Prescriber

Phone  FAX

Who helps with your medication?

Pharmacist

☒ Declaration of consent: I agree to have a basic medication review performed by my pharmacist and to allow my information to be released to another healthcare provider as necessary for my care.

Patient signature

Pharmacist

Eligible for government coverage? ☐ Yes ☐ No

Criteria for eligibility: patient covered by Senior/FA/Private NH Program on 3+ chronic medications or patient covered by Diabetes Program on 1+ treatment)

### INFORMATION ABOUT MY HEALTH

Birthdate

☐ Yes ☐ No Smoking: If yes, # cigarettes/day

☐ Yes ☐ No Other Nicotine/Drugs

☐ Yes ☐ No Alcohol: if yes, # drinks/week

☐ Yes ☐ No Caffeine intake: # cups/day

☐ Yes ☐ No Drug Allergy (list with reactions):

☐ Yes ☐ No Kidney Disease?

☐ Yes ☐ No Liver Disease?

☐ Yes ☐ No Tetanus immunization (every 10 years)?

☐ Yes ☐ No Influenza immunization yearly?

☐ Yes ☐ No Pneumococcal immunization (one/life)?

☐ Yes ☐ No Herpes zoster immunization?

☐ Yes ☐ No Other immunizations/travel vaccines:

### Medical Conditions:

What is your biggest concern about your medication today?



## 2. DIABETES MEDICATION REVIEW INTERVIEW FLOW CHART

FOR USE BY PHARMACIST

Patient Name

### PART A: For each medication, review the following information.

	Reviewed	Comments/Issues/Intervention	Follow-up
Knows generic and common brand name	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Knows reason(s) for use	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Understands dosing frequency	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Understands special dosing instructions (e.g., empty stomach, under the tongue)	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Assess adherence	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Demonstrations, if applicable (e.g., inhalers, eye drops)	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No

### PART B: General Knowledge

Check labelling & packaging (e.g., need for easy open vials or blister packs, trouble reading labels)	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Storage is appropriate	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
Check expiry dates and discuss disposal of discontinued or expired medications	<input type="checkbox"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No



## 2. DIABETES MEDICATION REVIEW INTERVIEW FLOW CHART (cont'd)

### PART C: Diabetes Management

Diabetes Type: ☐ Type 1 ☐ Type 2 ☐ Gestational at diagnosis

#### Labs (if available)

- Blood Glucose  mmol/L (circle: Fasting or Postprandial)
- HbA1C level  %
- Blood Pressure  mmHg
- Cholesterol: LDL-C  mmol/L, TC/HDL-C ratio

#### Training provided on devices and supplies

Follow-up ☐ Yes ☐ No

Reviewed: ☐ Blood Glucose Meter/Test Strips ☐ Insulin Administration Device/Supplies ☐ Proper Disposal of Used Supplies

Comments/Issues/Interventions:

#### Counseling/assessment provided for all co-morbidities

Follow-up ☐ Yes ☐ No

Reviewed: ☐ Foot Care ☐ Retinopathy ☐ Neuropathy ☐ Nephropathy ☐ Other

Comments/Issues/Interventions:

#### Counseling/assessment provided for lifestyle management

Follow-up ☐ Yes ☐ No

Reviewed: ☐ Nutrition ☐ Weight Management ☐ Physical Activity ☐ Stress Reduction ☐ Diabetes Education Centre

Comments/Issues/Interventions:



### 3. DIABETES MEDICATION REVIEW INTERVIEW WORKSHEET

#### FOR USE BY PHARMACIST

Use the comments from the Medication Review Interview Flowchart to develop key medication issues, actions and follow-up. The "PharmaCheck Guide" may be a useful tool in addressing medication issues identified. Pharmacists should become familiar with the tips provided as an aid in addressing these issues.

Patient Name

Date of Medication Review

Pharmacist

#### Meds brought to visit (not on profile)

#### Issues

#### Actions

#### Follow-up

Follow-up appointment needed? ☐ Yes: Date/Time  ☐ No

**To complete the PharmaCheck Medication Review please complete the Personal Medication Record and Prescriber Communication Letter forms.**



## 4. DIABETES MEDICATION REVIEW INTERVIEW WORKSHEET

FOR USE BY PHARMACIST

Patient Name

Date of Birth  PHN

Date of follow-up	Issues for follow-up	Pharmacist intervention and outcome	Further follow-up required (date/time)	No further follow-up	Pharmacist name
				<input type="checkbox"/>	
				<input type="checkbox"/>	
				<input type="checkbox"/>	
				<input type="checkbox"/>	

Where appropriate, please complete a new Personal Medication Record and/or Prescriber Communication Letter form.